

www.eatplantsandprosper.com

Whitney Miner

**Plant-Based Influencer, Certified Holistic Nutritionist,
Certified Yoga Instructor & Wellness Advocate**



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About Me

I am a Certified Holistic Nutritionist, Certified Yoga Teacher, wellness advocate and Founder of Eat Plants & Prosper. I'm passionate about helping my community get healthy through teaching the transforming benefits of plant-based food, yoga and meditation. I encourage others to achieve optimal health through a holistic approach of finding balance and mindfulness in all aspects of life.

About My Blog

eatplantsandprosper.com is an inspirational resource for vegan recipes, nutrition and mindfulness tips.

Monthly Packages

5 images: \$2,500
5 images + blog post: \$3,000
2 images: \$1,200
1 image: \$700
1 image + blog post: \$1,500
5 story mentions: \$1,000
2 story mentions: \$500
1 story mention: \$300
30 minute live: \$1,000

A la Carte

1 image: \$700
Giveaway \$1,500
IG Takeover: \$1,500
Story Takeover: \$1,000
Blog post: \$2,000
Speaking Engagement: \$1,500
Cooking Demos: \$2,500
Grocery Store Tours: \$1,000

Social Media Statistics:
Instagram 22K | Facebook 1K

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Previous Collaborations & Featured Media:

VegNews

EVERYDAY  HEALTH™



PURPLE  CARROT

CLEAN JUICE

MERRYFIELD



**BUSINESS
INSIDER**



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